



Sant'Anna
Scuola Universitaria Superiore Pisa

**Terza
Missione
Placement**



PhD-related stress: an open discussion

How do we think about stress? What are its causes? How to deal with it?

What:

An occasion to openly and freely speak about the PhD and how it affects our wellbeing, together with career counselor Ornella Bucci

Who:

the event is open to PhD students

How:

on site (no hybrid modality)

Why:

Because mental health matters!

When:

Monday 25 October, from 5:30 to 6:30 pm

Where:

[Palazzo Vernagalli](#)

Via Domenico Vernagalli 22

Aula 1 ground floor

Click [here](#) to register

Reservations will be made on a first-come, first-served basis.

For more information, send an email to: giulia.bosi@santannapisa.it

L'iniziativa è promossa nell'ambito di Giovanisi, il progetto della Regione Toscana per l'autonomia dei giovani



GIOVANI SÌ



Regione Toscana

